

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Minutes 11-14-17

In Attendance: Bobby Cobb, Traci Colley, Cindy Croffut, Wendy Duemmler, Kathie Fenner, Laurel Healy, Denise Lamar, Wendy Nielsen, Lucinda Ourant, Ashton Petty, Steve Ramsey, Sallie Roberts, Christine Skrutowski, Mark Strickland, Blaire Traywick, Janie Webb.

Business:

- 5:01 pm- meeting opened on 11-14-17.
- Minutes from meeting on 9-26-17 presented and approved.
- Had a conference call/SKYPE with Chauvon Simmons, North Carolina Branch Manager Representative from the Alliance for a Healthier Generation. She spoke and gave an overview of their Healthy Schools Program. One of the Alliance's goals is to help promote a healthy school environment. Their premise is built on the fact that healthy kids learn better. Currently there are 108 individual schools in North Carolina that have achieved the Alliance's National Healthy Schools Award, bronze status or better, within the past 10 years. The largest barrier to achieving this award is fiscal education. Physical Education (PE) minutes vary per school. An extension of PE classes would need to be met to achieve the criteria. Since they are aware that this is the biggest barrier, the Alliance has given out local incentives to help schools progress in getting closer to their goals and keep them encouraged. The Alliance will provide onsite training and assistance working with Wellness Committees and schools to support efforts to develop a healthier school environment and align their goals with our county's Wellness Policy.
- Discussion after the presentation included questioning the obtainability of achieving this award since the PE minutes would not meet criteria, even for bronze status. As a committee, it was agreed that their model could help us improve in areas and achieve a healthier school environment, even if we would not qualify to receive the National Award. The Alliance has good resources to help develop a better SHAC, a better wellness policy, and strengthen and create a strong School Health Team.
- Suggestions:
 - 1) Send surveys to Principals so SHAC can gather data about how to promote a healthier environment in individual schools.
 - 2) Continue to work on SHAC's current goals set out this year, which incorporates the Whole School, Whole Community, Whole Child model. The Alliance is also adopting this model to their framework this year.
 - 3) Improve wellness focus using Alliance ideas.
 - 4) Educate our Principals on our wellness policy.
- UCPS' SHAC still does not have a Board member on the council which is a requirement for DPI.
- Meeting adjourned at 5:15 pm